

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Results

Race 1 Junior Females

Leg 1						
Pos	No	Leg 1 Time	Ind Time	Runner	Cat	Club
1	329	00:09:18	00:09:18	Laura Stark	U13	Kilbarchan AC A
2	352	00:09:26	00:09:26	Holly Little	U13	VP Glasgow AC A
3	309	00:09:36	00:09:36	Holly Still	U13	Giffnock North AC A
4	310	00:09:37	00:09:37	Danielle Kelly	U13	Giffnock North AC B
5	330	00:09:38	00:09:38	Iona Miller	U13	Kilbarchan AC B
6	343	00:09:42	00:09:42	Niamh Brown	U13	Ron Hill Cambuslang A
7	353	00:09:52	00:09:52	Robyn Connolly	U13	VP Glasgow AC B
8	339	00:09:54	00:09:54	Reagan Binnie	U13	Law & District A
9	320	00:09:59	00:09:59	Lauren Mulaghton	U13	Greenock Glenpark A
10	331	00:10:03	00:10:03	Rona Tytler	U13	Kilbarchan AC C
11	344	00:10:07	00:10:07	Lauren Carey	U13	Ron Hill Cambuslang B
12	332	00:10:12	00:10:12	Catriona Allan	U13	Kilbarchan AC D
13	324	00:10:22	00:10:22	Mhairi Cromar	U13	Helensburgh AAC A
14	340	00:10:26	00:10:26	Emily McNicol	U13	Law & District B
15	311	00:10:27	00:10:27	L. Agnew	U13	Giffnock North AC C
16	321	00:10:31	00:10:31	Nichola Doohan	U13	Greenock Glenpark B
17	355	00:10:33	00:10:33	Cari Kiddie	U13	VP Glasgow AC D
18	341	00:10:34	00:10:34	Amy Watkins	U13	Law & District C
19	325	00:10:42	00:10:42	Olivia Gemmell	U13	Inverclyde AC A
20	317	00:10:51	00:10:51	Charli Shand	U13	Glasgow Sch of Sport A
21	347	00:10:52	00:10:52	Adelina Callan	U13	Shettleston H A
22	354	00:10:54	00:10:54	Cara Thom	U13	VP Glasgow AC C
23	322	00:10:55	00:10:55	Mia Forrest	U13	Greenock Glenpark C
24	307	00:11:02	00:11:02	Rebecca Russell	U13	East Kilbride AC A
25	303	00:11:03	00:11:03	Iona Allan	U13	Clydedale H A
26	334	00:11:04	00:11:04	Maisie Huey	U13	Kilbarchan AC F
27	333	00:11:05	00:11:05	Eilidh Fraser	U13	Kilbarchan AC E
28	345	00:11:13	00:11:13	Celine Quigg	U13	Ron Hill Cambuslang C
29	335	00:11:18	00:11:18	Perri McCluskey	U13	Kirkintilloch Oly A
30	314	00:11:20	00:11:20	Fern Conway	U13	Giffnock North AC F
31	301	00:11:24	00:11:24	Lara Carey	U13	Ayr Seaforth AC A
32	351	00:11:28	00:11:28	Alice Bell	U13	Stewartry AC A
33	302	00:11:31	00:11:31	Siobhan Rae	U13	Ayr Seaforth AC B
34	342	00:11:33	00:11:33	Evie Robb	U13	Law & District D
35	308	00:11:34	00:11:34	Rachael McCusker	U13	East Kilbride AC B
36	326	00:11:43	00:11:43	Jill McGachy	U13	Inverclyde AC B
37	336	00:11:47	00:11:47	Anna Forbes	U13	Kirkintilloch Oly B
38	312	00:11:50	00:11:50	Rachel Montgomery	U13	Giffnock North AC D
39	318	00:11:52	00:11:52	Jordyn Phillips	U13	Glasgow Sch of Sport B
40	348	00:12:02	00:12:02	Claire Mason	U13	Shettleston H B
41	323	00:12:22	00:12:22	Rachel McFarlane	U13	Greenock Glenpark D
42	304	00:12:23	00:12:23	Rachel Campbell	U13	Clydedale H B
43	327	00:12:25	00:12:25	Robyn Kelly	U13	Inverclyde AC C
44	313	00:12:45	00:12:45	Grainne Parkinson	U13	Giffnock North AC E
45	319	00:12:49	00:12:49	Zaynah Aziz	U13	Glasgow Sch of Sport C
46	305	00:13:01	00:13:01	Anna Haddock	U13	Clydedale H C

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Race 1 Junior Females

Leg 2						
Pos	No	Leg 2 Time	Ind Time	Runner	Cat	Club
1	352	0:18:34	00:09:08	Gillian Black	U15	VP Glasgow AC A
2	329	0:18:38	00:09:20	Gwen Gillham	U15	Kilbarchan AC A
3	309	0:18:45	00:09:09	Erin Wallace	U13	Giffnock North AC A
4	343	0:19:03	00:09:21	Eve MacKinnon	U15	Ron Hill Cambuslang A
5	310	0:19:27	00:09:50	SarahOlivia Eunson	U13	Giffnock North AC B
6	330	0:19:29	00:09:51	RebeccaLouise Craig	U13	Kilbarchan AC B
7	353	0:19:37	00:09:45	Emma Ferrie	U15	VP Glasgow AC B
8	339	0:19:51	00:09:57	Pamela McNicol	U15	Law & District A
9	331	0:19:52	00:09:49	Kerry MacAngus	U13	Kilbarchan AC C
10	347	0:20:33	00:09:41	Amy Harkins	U15	Shettleston H A
11	332	0:20:35	00:10:23	Heather Fawcett	U13	Kilbarchan AC D
12	324	0:20:54	00:10:32	Morag Paterson	U13	Helensburgh AAC A
13	344	0:20:59	00:10:52	Rachel Black	U15	Ron Hill Cambuslang B
14	355	0:21:03	00:10:30	Iona Robinson	U13	VP Glasgow AC D
15	321	0:21:03	00:10:32	Megan Rogers	U13	Greenock Glenpark B
16	317	0:21:03	00:10:12	Amy Donnelly	U15	Glasgow Sch of Sport A
17	320	0:21:03	00:11:04	Shelby Morrison	U13	Greenock Glenpark A
18	354	0:21:26	00:10:32	Anya Morrison	U15	VP Glasgow AC C
19	301	0:21:31	00:10:07	Lisa Rennie	U15	Ayr Seaforth AC A
20	302	0:21:40	00:10:09	Louisa Kelly	U15	Ayr Seaforth AC B
21	325	0:21:43	00:11:01	Evie Semple	U15	Inverclyde AC A
22	340	0:21:48	00:11:22	Aileen Campbell	U15	Law & District B
23	341	0:21:53	00:11:19	Rebecca Watson	U15	Law & District C
24	351	0:21:57	00:10:29	Sarah Bell	U15	Stewartry AC A
25	311	0:22:05	00:11:38	MeganA Amner	U15	Giffnock North AC C
26	348	0:22:12	00:10:10	Myrtle Breckenridge	U15	Shettleston H B
27	335	0:22:14	00:10:56	Jenny Lee	U15	Kirkintilloch Oly A
28	303	0:22:15	00:11:12	Erin Ball	U15	Clydedale H A
29	345	0:22:23	00:11:10	Danielle Webster	U15	Ron Hill Cambuslang C
30	326	0:22:31	00:10:48	Kelly Williams	U15	Inverclyde AC B
31	342	0:22:37	00:11:04	Olivia Quinn	U15	Law & District D
32	314	0:23:07	00:11:47	Nicole Ewing	U15	Giffnock North AC F
33	318	0:23:08	00:11:16	Abbigail McInnes	U15	Glasgow Sch of Sport B
34	304	0:23:22	00:10:59	Emily Paxton	U15	Clydedale H B
35	312	0:23:23	00:11:33	Isabella Murray	U15	Giffnock North AC D
36	319	0:23:57	00:11:08	Hannah Bartl	U15	Glasgow Sch of Sport C
37	307	0:23:58	00:12:56	Alisha Montgomery	U15	East Kilbride AC A
38	313	0:24:20	00:11:35	Morna Weir	U15	Giffnock North AC E
39	336	0:24:34	00:12:47	Suzanne Quigley	U15	Kirkintilloch Oly B
40	308	0:24:47	00:13:13	Sarah McCusker	U13	East Kilbride AC B
41	327	0:24:56	00:12:31	Ashley Lewis	U13	Inverclyde AC C
42	305	0:26:47	00:13:46	Aimee Abbott	U13	Clydedale H C

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Race 1 Junior Females

Leg 3						
Pos	No	Leg 3 Time	Ind Time	Runner	Cat	Club
1	329	0:27:53	00:09:15	Sarah Dempsey	U15	Kilbarchan AC A
2	309	0:28:15	00:09:30	Chloe Cowan	U15	Giffnock North AC A
3	352	0:28:16	00:09:42	Danielle Beattie	U17	VP Glasgow AC A
4	330	0:29:33	00:10:04	Jemma Reekie	U15	Kilbarchan AC B
5	343	0:29:47	00:10:44	Sarah Millar	U17	Ron Hill Cambuslang A
6	310	0:29:49	00:10:22	Selena Jackson	U17	Giffnock North AC B
7	353	0:29:51	00:10:14	Maria Milliken	U17	VP Glasgow AC B
8	339	0:29:59	00:10:08	Alice McGrath	U17	Law & District A
9	347	0:30:05	00:09:32	Stella Winters	U17	Shettleston H A
10	331	0:30:28	00:10:36	Emma Kelly	U15	Kilbarchan AC C
11	317	0:30:45	00:09:42	Brogan Wallace	U17	Glasgow Sch of Sport A
12	301	0:30:47	00:09:16	Kirstin Oakley	U15	Ayr Seaforth AC A
13	344	0:30:50	00:09:51	Hannah Robertson	U17	Ron Hill Cambuslang B
14	354	0:31:11	00:09:45	Melanie Chiswell	U15	VP Glasgow AC C
15	324	0:31:17	00:10:23	Megan Robertson	U15	Helensburgh AAC A
16	348	0:31:35	00:09:23	Laura Penrice	U17	Shettleston H B
17	332	0:31:50	00:11:15	Catherine McLean	U15	Kilbarchan AC D
18	325	0:32:02	00:10:19	Emma Mitchell	U15	Inverclyde AC A
19	320	0:32:14	00:11:11	Louisa Davis	U15	Greenock Glenpark A
20	340	0:32:21	00:10:33	Sherelle Graham	U17	Law & District B
21	335	0:32:27	00:10:13	Victoria Robertson	U15	Kirkintilloch Oly A
22	321	0:32:28	00:11:25	Laura Hamill	U15	Greenock Glenpark B
23	318	0:32:35	00:09:27	Stacie Taylor	U17	Glasgow Sch of Sport B
24	303	0:32:48	00:10:33	Rosin McShea	U15	Clydedale H A
25	351	0:32:57	00:11:00	Jacqueline Pringle	U17	Stewartry AC A
26	311	0:33:19	00:11:14	Holly Miller	U17	Giffnock North AC C
27	345	0:33:23	00:11:00	Victoria McGloin	U17	Ron Hill Cambuslang C
28	319	0:34:03	00:10:06	Elizabeth Edgar	U17	Glasgow Sch of Sport C
29	326	0:34:13	00:11:42	Chloe Simpson	U15	Inverclyde AC B
30	312	0:34:23	00:11:00	Frances Lowrie	U17	Giffnock North AC D
31	314	0:35:12	00:12:05			Giffnock North AC F
32	336	0:35:23	00:10:49	Louise Campbell	U15	Kirkintilloch Oly B
33	304	0:35:37	00:12:15	Claire Reid	U17	Clydedale H B
34	341	0:35:43	00:13:50	Margaret Newell	U15	Law & District C
35	313	0:35:56	00:11:36	Paige McConville	U17	Giffnock North AC E
36	307	0:36:20	00:12:22	Rachel Fairlie	U17	East Kilbride AC A
37	308	0:37:40	00:12:53	Emma Fairlie	U17	East Kilbride AC B
38	305	0:40:29	00:13:42	Kirsty Alexander	U15	Clydedale H C

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Results

Race 2 Young Males

Leg 1						
Pos	No	Leg 1 Time	Ind Time	Runner	Cat	Club
1	218	00:08:22	00:08:22	Ryan Gray	U13	Inverclyde AC A
2	247	00:08:39	00:08:39	Jamie MacKinnon	U13	VP Glasgow AC A
3	208	00:08:57	00:08:57	Michael Lowrie	U13	Giffnock North AC A
4	248	00:08:58	00:08:58	Aiden Johnstone	U13	VP Glasgow AC B
5	216	00:08:59	00:08:59	Evan Warwick	U13	Greenock Glenpark A
6	223	00:09:01	00:09:01	Conor Thomson	U13	Kilbarchan AC A
7	237	00:09:02	00:09:02	Struan Paton	U13	Ron Hill Cambuslang A
8	253	00:09:03	00:09:03	Lewis Serpell	U13	VP Glasgow AC G
9	238	00:09:04	00:09:04	Tyrone Ryan	U13	Ron Hill Cambuslang B
10	249	00:09:05	00:09:05	Andrew Moreland	U13	VP Glasgow AC C
11	250	00:09:06	00:09:06	Ewan Rae	U13	VP Glasgow AC D
12	234	00:09:09	00:09:09	Gregor Gillespie	U13	Law & District B
13	233	00:09:11	00:09:11	Richard Watson	U13	Law & District A
14	201	00:09:14	00:09:14	Lewis Ross	U13	Ayr Seaforth AC A
15	251	00:09:17	00:09:17	Adam Brady	U13	VP Glasgow AC E
16	209	00:09:22	00:09:22	Keir Carolan	U13	Giffnock North AC B
17	252	00:09:23	00:09:23	Guy Evans Haggerty	U13	VP Glasgow AC F
18	240	00:09:35	00:09:35	Grant MacGregor	U13	Ron Hill Cambuslang D
19	239	00:09:37	00:09:37	Callum Morton	U13	Ron Hill Cambuslang C
20	229	00:09:42	00:09:42	Aidan McCaffrey	U13	Kirkintilloch Oly A
21	202	00:09:45	00:09:45	EwanJames McLevy	U13	Ayr Seaforth AC B
22	224	00:09:48	00:09:48	Jamie Eatock	U13	Kilbarchan AC B
23	235	00:09:57	00:09:57	Ben Fountain	U13	Law & District C
24	243	00:09:59	00:09:59	Lewis Collins	U13	Shettleston H A
25	210	00:10:01	00:10:01	Harry Nimmo	U13	Giffnock North AC C
26	219	00:10:02	00:10:02	Matthew MacKinnon	U13	Inverclyde AC B
27	207	00:10:05	00:10:05	Ross Malloch	U13	East Kilbride AC B
28	230	00:10:13	00:10:13	Scott Connal	U13	Kirkintilloch Oly B
29	241	00:10:14	00:10:14	Adam Hamilton	U13	Ron Hill Cambuslang E
30	206	00:10:22	00:10:22	Callum Field	U13	East Kilbride AC A
31	242	00:10:25	00:10:25	Brett McNaught	U13	Ron Hill Cambuslang F
32	211	00:10:33	00:10:33	Joseph Lowrie	U13	Giffnock North AC D
33	212	00:10:34	00:10:34	Steven Johnston	U13	Giffnock North AC E
34	220	00:10:43	00:10:43	Craig Bellew	U13	Inverclyde AC C
35	225	00:10:44	00:10:44	Christopher Rooney	U13	Kilbarchan AC C
36	226	00:10:47	00:10:47	James Toal	U13	Kilbarchan AC D
37	244	00:10:57	00:10:57	Niall Turner	U13	Shettleston H B
38	236	00:11:00	00:11:00	Adam Kelly	U13	Law & District D
39	231	00:11:21	00:11:21	Grant Michie	U13	Kirkintilloch Oly C
40	205	00:11:22	00:11:22	Stephen Kane	U13	Clydedale H B
41	222	00:11:47	00:11:47	Sammy Hearl	U13	Inverclyde AC E
42	221	00:12:00	00:12:00	Matthew Burns	U13	Inverclyde AC D
43	204	00:12:48	00:12:48	Lewis Hay	U13	Clydedale H A

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Race 2 Young Males

Leg 2						
Pos	No	Leg 2 Time	Ind Time	Runner	Cat	Club
1	218	0:16:28	00:08:06	Jonathan Glen	U15	Inverclyde AC A
2	223	0:16:48	00:07:47	Euan Gillham	U15	Kilbarchan AC A
3	208	0:17:15	00:08:18	Max Lancaster	U15	Giffnock North AC A
4	247	0:17:22	00:08:43	Liam Turner	U15	VP Glasgow AC A
5	249	0:17:28	00:08:23	Euan Urquhart	U15	VP Glasgow AC C
6	248	0:17:29	00:08:31	Fraser Glass	U15	VP Glasgow AC B
7	253	0:17:36	00:08:33	Liam McKeown	U15	VP Glasgow AC G
8	224	0:17:38	00:07:50	Gavin McArdle	U15	Kilbarchan AC B
9	238	0:17:42	00:08:38	Sean Reilly	U15	Ron Hill Cambuslang B
10	237	0:17:46	00:08:44	David Robertson	U15	Ron Hill Cambuslang A
11	251	0:17:58	00:08:41	Craig Jardine	U15	VP Glasgow AC E
12	201	0:18:05	00:08:51	Andrew Black	U15	Ayr Seaforth AC A
13	250	0:18:11	00:09:05	Calum McCormack	U15	VP Glasgow AC D
14	233	0:18:15	00:09:04	Chris Boyle	U15	Law & District A
15	239	0:18:18	00:08:41	Joe Brown	U15	Ron Hill Cambuslang C
16	243	0:18:30	00:08:31	Ryan Flanagan	U15	Shettleston H A
17	252	0:18:33	00:09:10	Paul Harper	U15	VP Glasgow AC F
18	240	0:18:35	00:09:00	Keith McIntyre	U15	Ron Hill Cambuslang D
19	209	0:18:41	00:09:19	John McLaughlin	U15	Giffnock North AC B
20	219	0:18:45	00:08:43	Joshua Houston	U15	Inverclyde AC B
21	241	0:18:59	00:08:45	Jack MacGregor	U15	Ron Hill Cambuslang E
22	207	0:19:02	00:08:57	Luke Kirwan	U15	East Kilbride AC B
23	202	0:19:06	00:09:21	Miklos Csiky	U15	Ayr Seaforth AC B
24	210	0:19:08	00:09:07	Euan Anderson	U15	Giffnock North AC C
25	229	0:19:09	00:09:27	Jack McCabe	U15	Kirkintilloch Oly A
26	235	0:19:12	00:09:15	Evan Jones	U15	Law & District C
27	220	0:19:20	00:08:37	Ross Gray	U15	Inverclyde AC C
28	234	0:19:23	00:10:14	Stephen Murphy	U15	Law & District B
29	226	0:19:23	00:08:36	Euan Trout	U15	Kilbarchan AC D
30	216	0:19:23	00:10:24	Michael O'Rourke	U13	Greenock Glenpark A
31	225	0:19:27	00:08:43	Scott McLardie	U15	Kilbarchan AC C
32	206	0:19:34	00:09:12	Aidan Gilbride	U15	East Kilbride AC A
33	244	0:20:00	00:09:03	Murray McGiven	U15	Shettleston H B
34	211	0:20:09	00:09:36	Ross Gray	U15	Giffnock North AC D
35	230	0:20:31	00:10:18	Callum Dewar	U15	Kirkintilloch Oly B
36	212	0:20:51	00:10:17	David Currie	U15	Giffnock North AC E
37	205	0:21:03	00:09:41	Conner McDade	U15	Clydedale H B
38	242	0:21:51	00:11:26	Jordon Munro	U13	Ron Hill Cambuslang F
39	231	0:21:59	00:10:38	Stuart Michie	U15	Kirkintilloch Oly C
40	236	0:22:08	00:11:08	Matthew Lawler	U13	Law & District D
41	204	0:22:41	00:09:53	David Campbell	U15	Clydedale H A
42	221	0:23:39	00:11:39	Isaac Dunning	U15	Inverclyde AC D
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WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Race 2 Young Males

Leg 3						
Pos	No	Leg 3 Time	Ind Time	Runner	Cat	Club
1	218	0:24:24	00:07:56	Greg Williams	U17	Inverclyde AC A
2	223	0:24:47	00:07:59	Russell Mountford	U17	Kilbarchan AC A
3	247	0:25:00	00:07:38	Max Aitchison	U17	VP Glasgow AC A
4	208	0:25:11	00:07:56	Neil Gourley	U17	Giffnock North AC A
5	248	0:25:21	00:07:52	Lewis Boyle	U17	VP Glasgow AC B
6	224	0:25:29	00:07:51	Callum Matthews	U17	Kilbarchan AC B
7	249	0:25:35	00:08:07	Liam McLoone	U17	VP Glasgow AC C
8	237	0:25:41	00:07:55	Ryan Thomson	U17	Ron Hill Cambuslang A
9	238	0:25:47	00:08:05	Stuart Roe	U17	Ron Hill Cambuslang B
10	201	0:25:49	00:07:44	Finlay Rae	U17	Ayr Seaforth AC A
11	233	0:26:20	00:08:05	Andrew Lawler	U17	Law & District A
12	253	0:26:21	00:08:45	Liam Johnson	U17	VP Glasgow AC G
13	250	0:26:36	00:08:25	Craig Young	U17	VP Glasgow AC D
14	243	0:26:39	00:08:09	Callum Drummond	U17	Shettleston H A
15	251	0:26:40	00:08:42	Kieron Rafferty	U17	VP Glasgow AC E
16	239	0:26:43	00:08:25	Matthew McKenna	U17	Ron Hill Cambuslang C
17	209	0:27:02	00:08:21	Andrew Clark	U17	Giffnock North AC B
18	219	0:27:10	00:08:25	Michael Houston	U17	Inverclyde AC B
19	240	0:27:27	00:08:52	Dean McMurran	U17	Ron Hill Cambuslang D
20	252	0:27:33	00:09:00	Andrew McCormack	U17	VP Glasgow AC F
21	229	0:28:36	00:09:27	Callum Heirs	U17	Kirkintilloch Oly A
22	210	0:27:41	00:08:33	Josh Hyde	U17	Giffnock North AC C
23	202	0:27:48	00:08:42	Euan Webster	U17	Ayr Seaforth AC B
24	216	0:28:06	00:08:43	Gerard Smith	U17	Greenock Glenpark A
25	241	0:28:10	00:09:11	Brendan Carey	U15	Ron Hill Cambuslang E
26	207	0:28:13	00:09:11	Jack Kirwan	U17	East Kilbride AC B
27	220	0:28:19	00:08:59	Robert Todd	U17	Inverclyde AC C
28	225	0:28:23	00:08:56	Cameron Swanson	U17	Kilbarchan AC C
29	206	0:28:27	00:08:53	Vincent Hastings	U17	East Kilbride AC A
30	226	0:28:40	00:09:17	Charlie Wighton	U15	Kilbarchan AC D
31	235	0:28:51	00:09:39	Robert McGrath	U15	Law & District C
32	234	0:29:23	00:10:00	Steven Bryce	U17	Law & District B
33	244	0:29:24	00:09:24	Dean Stevenson	U17	Shettleston H B
34	211	0:29:53	00:09:44	Dewi Gould	U15	Giffnock North AC D
35	212	0:31:02	00:10:11	Euan Brodie	U15	Giffnock North AC E
36	204	0:31:28	00:08:47	Conor Ewing	U17	Clydedale H A
37	231	0:31:55	00:09:56	Kieran Pugh	U17	Kirkintilloch Oly C
38	242	0:32:09	00:10:18	Sam Smillieday	U15	Ron Hill Cambuslang F
39	230	0:32:46	00:12:15	Gavin Alexander	U17	Kirkintilloch Oly B
40						
41						
42						
43						

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Results

Race 3 Senior/Junior Females

Leg 1						
Pos	No	Leg 1 Time	Ind Time	Runner	Cat	Club
1	383	00:14:24	00:14:24	Elspeth Curran	SEN	Kilbarchan AC A
2	398	00:14:46	00:14:46	Sarah Potter	U20	VP Glasgow AC B
3	387	00:15:22	00:15:22	Kara Tait	SEN	Kilmarnock H A
4	391	00:15:32	00:15:32	Hilary McGrath	Vet	Law & District A
5	374	00:15:39	00:15:39	Catriona Lockie	U20	Giffnock North AC A
6	397	00:15:42	00:15:42	louise warren	SEN	VP Glasgow AC A
7	395	00:15:44	00:15:44	Fiona Gentles	SEN	Springburn H A
8	393	00:15:52	00:15:52	Katie Bristow	U20	Ron Hill Cambuslang A
9	382	00:15:57	00:15:57	Emma Rice	SEN	Inverclyde AC A
10	384	00:16:29	00:16:29	Elaine Eadie	U20	Kilbarchan AC B
11	368	00:16:42	00:16:42	Ann Murray	Vet	Clydedale H A
12	381	00:16:55	00:16:55	Jennifer Fitzgerald	SEN	Helensburgh AAC A
13	394	00:17:00	00:17:00	Avril Mason	SEN	Shettleston H A
14	388	00:17:10	00:17:10	Annmarie McCaffrey	Vet	Kirkintilloch Oly A
15	362	00:17:11	00:17:11	Bernadette O'Neil	Vet	Bellahouston Harriers A
16	392	00:17:22	00:17:22	Joanne Clark	SEN	Motherwell AC A
17	366	00:17:29	00:17:29	Emma Bryson	SEN	Bellahouston RR B
18	367	00:17:41	00:17:41	Joanne McEvoy	SEN	Calderglen H A
19	365	00:17:47	00:17:47	Julia Harris	Vet	Bellahouston RR A
20	371	00:17:53	00:17:53	Jill O'Neil	SEN	Garscube H A
21	375	00:18:07	00:18:07	Jackie Cowan	Vet	Giffnock North AC B
22	372	00:18:44	00:18:44	Diane Clark	SEN	Garscube H B
23	377	00:19:10	00:19:10	Lorna Coyle	Vet	Greenock Glenpark A
24	399	00:19:26	00:19:26	Pauline McAdam	Vet	Westerlands
25	380	00:19:35	00:19:35	Eillidh Hamill	U20	Greenock Glenpark D
26	379	00:19:50	00:19:50	Heather Kangley	Vet	Greenock Glenpark C
27	396	00:19:52	00:19:52	Collette Coyle	SEN	Springburn H B
28	363	00:19:54	00:19:54	Claire Lamont	SEN	Bellahouston Harriers B
29	378	00:20:21	00:20:21	Gillian Forrest	SEN	Greenock Glenpark B

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Race 3 Senior/Junior Females

Leg 2						
Pos	No	Leg 2 Time	Ind Time	Runner	Cat	Club
1	383	0:29:43	00:15:19	Christina Rankin	SEN	Kilbarchan AC A
2	395	0:31:08	00:15:24	Danielle Brown	SEN	Springburn H A
3	397	0:31:36	00:15:54	Rhian Dawes	U20	VP Glasgow AC A
4	382	0:32:11	00:16:14	Julie Gordon	SEN	Inverclyde AC A
5	374	0:32:28	00:16:49	Mary McCutcheon	Vet	Giffnock North AC A
6	393	0:32:39	00:16:47	Lucy Deeny	U20	Ron Hill Cambuslang A
7	398	0:32:51	00:18:05	Amy MacLellan	U20	VP Glasgow AC B
8	384	0:33:11	00:16:42	Hannah Waugh	SEN	Kilbarchan AC B
9	387	0:33:20	00:17:58	Bethany Ross	U20	Kilmarnock H A
10	371	0:34:18	00:16:25	Laura Devine	SEN	Garscube H A
11	368	0:34:22	00:17:40	Fiona McCue	Vet	Clydedale H A
12	367	0:34:22	00:16:41	Julie Beveridge	SEN	Calderglen H A
13	365	0:35:08	00:17:21	Ciara Baxter	SEN	Bellahouston RR A
14	366	0:35:25	00:17:56	Jane Wild	Vet	Bellahouston RR B
15	381	0:35:35	00:18:40	Sarah Walker	SEN	Helensburgh AAC A
16	362	0:35:54	00:18:43	Erica Christie	Vet	Bellahouston Harriers A
17	372	0:36:03	00:17:19	Marian Kelly	SEN	Garscube H B
18	392	0:36:27	00:19:05	Carole Munro	Vet	Motherwell AC A
19	375	0:37:11	00:19:04	Lauren Hollinshead	SEN	Giffnock North AC B
20	377	0:37:13	00:18:03	Susan Clark	Vet	Greenock Glenpark A
21	388	0:38:17	00:21:07	Vivien Fraser	Vet	Kirkintilloch Oly A
22	378	0:39:59	00:19:38	Silke Loehndorf	Vet	Greenock Glenpark B
23	363	0:40:19	00:20:25	Suzanne Boyle	SEN	Bellahouston Harriers B
24	379	0:40:37	00:20:47	Elizabeth McAuslan	SEN	Greenock Glenpark C
25	396	0:40:58	00:21:06	catherine connelly	SEN	Springburn H B
26	399	0:41:15	00:21:49	Patricia McLaughlin	Vet	Westerlands

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER PARK SATURDAY 8TH OCTOBER 2011

Race 3 Senior/Junior Females

Leg 3						
Pos	No	Leg 3 Time	Ind Time	Runner	Cat	Club
1	383	0:45:01	00:15:18	Natalie Sharp	SEN	Kilbarchan AC A
2	397	0:47:33	00:15:57	Claire McCracken	SEN	VP Glasgow AC A
3	374	0:48:02	00:15:34	Ruth Joss	SEN	Giffnock North AC A
4	395	0:48:35	00:17:27	Barbara Knox	Vet	Springburn H A
5	398	0:48:47	00:15:56	Hollie Young	U20	VP Glasgow AC B
6	371	0:49:43	00:15:25	Kirsty Husband	Vet	Garscube H A
7	384	0:50:22	00:17:11	Elaine Muirhead	SEN	Kilbarchan AC B
8	368	0:52:25	00:18:03	Marina McCallum	Vet	Clydedale H A
9	387	0:52:30	00:19:10	Elizabeth McDerment	Vet	Kilmarnock H A
10	367	0:52:37	00:18:15	Frances Maxwell	Vet	Calderglen H A
11	365	0:52:47	00:17:39	Pauline Wright	Vet	Bellahouston RR A
12	382	0:53:09	00:20:58	Emma Fulton	U20	Inverclyde AC A
13	392	0:53:30	00:17:03	Clare Barr	Vet	Motherwell AC A
14	362	0:54:44	00:18:50	Yvonne Winchester	Vet	Bellahouston Harriers A
15	375	0:54:59	00:17:48	Sheila Lewis	Vet	Giffnock North AC B
16	377	0:56:28	00:19:15	Lynne Rogers	SEN	Greenock Glenpark A
17	366	0:58:26	00:23:01	Sandra Houldsworth	SEN	Bellahouston RR B
18	378	0:59:33	00:19:34	Theresa Wall	Vet	Greenock Glenpark B
19	388	0:59:58	00:21:41	Shirley MacNab	Vet	Kirkintilloch Oly A
20	379	0:62:17	00:21:40	Yvonne Prager	Vet	Greenock Glenpark C
21	399	0:62:18	00:21:03	Helen MacPherson	Vet	Westerlands
22	363	0:62:22	00:22:03	Debbie Byers	SEN	Bellahouston Harriers B
23	396	0:64:14	00:23:16	Lorraine Gray	SEN	Springburn H B

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER 8TH OCTOBER 2011

Results

Race 4 JUN SEN MALES

Leg 1						
Pos	No	Leg 1 Time	Ind Time	Runner	Cat	Club
1	42	00:12:02	00:12:02	DerekJ Hawkins	SEN	Kilbarchan AC A
2	59	00:12:32	00:12:32	Michael Gillespie	SEN	Shettleston H A
3	60	00:12:42	00:12:42	Paul Sorrie	SEN	Shettleston H B
4	64	00:12:44	00:12:44	Sean Fontana	SEN	VP Glasgow AC A
5	65	00:12:56	00:12:56	Ethan Sloan-Dennison	U20	VP Glasgow AC B
6	54	00:12:58	00:12:58	Robert Gilroy	SEN	Ron Hill Cambuslang A
7	25	00:13:00	00:13:00	David Phee	SEN	Giffnock North AC A
8	56	00:13:16	00:13:16	Andrew Coulter	U20	Ron Hill Cambuslang C
9	53	00:13:28	00:13:28	Christopher Watson	U20	Law & District A
10	46	00:13:43	00:13:43	iain connell	Vet	Kilmarnock H A
11	19	00:13:50	00:13:50	Adam Taylor	SEN	Garscube H A
12	57	00:13:51	00:13:51	Bobby Bristow	U20	Ron Hill Cambuslang D
13	26	00:13:52	00:13:52	Miles Hollinshead	U20	Giffnock North AC B
14	28	00:13:56	00:13:56	Michael Mcloone Snr	Vet	Greenock Glenpark A
15	66	00:13:59	00:13:59	Jason Boyle	Vet	VP Glasgow AC C
16	29	00:14:03	00:14:03	Ross McDonald	SEN	Greenock Glenpark B
17	35	00:14:03	00:14:03	Thomas Jamieson	SEN	Inverclyde AC A
18	7	00:14:10	00:14:10	Bruce Carse	SEN	Bellahouston RR A
19	1	00:14:14	00:14:14	Steven Reid	SEN	Ayr Seaforth AC A
20	8	00:14:14	00:14:14	Craig Reid	SEN	Bellahouston RR B
21	58	00:14:18	00:14:18	Dean McNaught	U20	Ron Hill Cambuslang E
22	61	00:14:21	00:14:21	Adam Drummond	U20	Shettleston H C
23	55	00:14:24	00:14:24	Alan Ramage	Vet	Ron Hill Cambuslang B
24	70	00:14:47	00:14:47	Chris Upson	Vet	Westerlands CCC A
25	36	00:14:52	00:14:52	James Mcfadden	SEN	Inverclyde AC B
26	30	00:15:11	00:15:11	Liam Smart	SEN	Greenock Glenpark C
27	20	00:15:13	00:15:13	Alex Chalmers	Vet	Garscube H B
28	47	00:15:19	00:15:19	Cameron Mackie	U20	Kilmarnock H B
29	63	00:15:21	00:15:21	JosephnJunior Chambers	SEN	Springburn H A
30	11	00:15:25	00:15:25	Stephen Reilly	SEN	Calderglen H B
31	51	00:15:27	00:15:27	Gary Mitchell	Vet	Kirkintilloch Oly A
32	62	00:15:36	00:15:36	JohnJ Duffy	Vet	Shettleston H D
33	14	00:15:39	00:15:39	Iain Robertson	SEN	Clydedale H A
34	39	00:15:40	00:15:40	George Irving	Vet	Irvine AC A
35	17	00:15:46	00:15:46	Niall Walker	SEN	East Kilbride AC A
36	67	00:15:50	00:15:50	Ralph Connolly	Vet	VP Glasgow AC D
37	3	00:15:51	00:15:51	Ruairidh Macdonald	SEN	Bellahouston Harriers A
38	10	00:15:52	00:15:52	Scot Hill	Vet	Calderglen H A
39	43	00:16:05	00:16:05	Steven Hards	Vet	Kilbarchan AC B
40	15	00:16:07	00:16:07	Martin King	SEN	Clydedale H B
41	37	00:16:20	00:16:20	Robert Shaw	Vet	Inverclyde AC C
42	34	00:16:22	00:16:22	Brian Grant	SEN	Helensburgh AAC A
43	12	00:16:26	00:16:26	Ian Rae	Vet	Calderglen H C
44	23	00:16:32	00:16:32	John Murray	SEN	Garscube H E
45	71	00:16:34	00:16:34	Daniel Reid	Vet	Westerlands CCC B
46	68	00:16:39	00:16:39	Peter Dawes	Vet	VP Glasgow AC E
47	40	00:16:40	00:16:40	Stevie Connell	Vet	Irvine AC B
48	9	00:16:44	00:16:44	Chris Brotherston	Vet	Bellahouston RR C
49	41	00:16:45	00:16:45	James White	Vet	Irvine AC C
50	21	00:16:47	00:16:47	Alasdair MacKay	Vet	Garscube H C

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER 8TH OCTOBER 2011

51	31	00:16:48	00:16:48	Stephen McDade	Vet	Greenock Glenpark D
52	48	00:16:55	00:16:55	John McClarty	Vet	Kilmarnock H C
53	50	00:16:55	00:16:55	Connell Drummond	SEN	Kilmarnock H E
54	27	00:17:00	00:17:00	Graeme Fleming	Vet	Giffnock North AC C
55	4	00:17:10	00:17:10	Stewart Mulholland	Vet	Bellahouston Harriers B
56	49	00:17:17	00:17:17	Brian Darroch	Vet	Kilmarnock H D
57	5	00:18:26	00:18:26	James Cargill	SEN	Bellahouston Harriers C
58	22	00:18:41	00:18:41	Frank Krieves	Vet	Garscube H D
59	13	00:18:58	00:18:58	Richard Lawton	SEN	Calderglen H D
60	38	00:20:11	00:20:11	Tom Tracey	Vet	Inverclyde AC D

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER 8TH OCTOBER 2011

Race 4 JUN SEN MALES

Leg 2						
Pos	No	Leg 2 Time	Ind Time	Runner	Cat	Club
1	42	0:24:36	00:12:34	Conor McNulty	SEN	Kilbarchan AC A
2	59	0:24:54	00:12:22	Tewoldeberhan Mengisteab	SEN	Shettleston H A
3	60	0:25:37	00:12:55	Thomas Fay	SEN	Shettleston H B
4	64	0:25:41	00:12:57	Derek Gibb	SEN	VP Glasgow AC A
5	54	0:25:42	00:12:44	Jack Hamilton	U20	Ron Hill Cambuslang A
6	25	0:26:11	00:13:11	Grant Muir	U20	Giffnock North AC A
7	35	0:26:11	00:12:08	Craig Ruddy	SEN	Inverclyde AC A
8	56	0:26:27	00:13:11	Jamie Reid	SEN	Ron Hill Cambuslang C
9	53	0:26:41	00:13:13	Craig Wellcoat	U20	Law & District A
10	46	0:26:49	00:13:06	Roger Naughton	SEN	Kilmarnock H A
11	65	0:26:59	00:14:03	Ben Stafford	U20	VP Glasgow AC B
12	55	0:27:41	00:13:17	Charlie Thomson	Vet	Ron Hill Cambuslang B
13	57	0:27:46	00:13:55	Alistair Campbell	SEN	Ron Hill Cambuslang D
14	28	0:28:04	00:14:08	Shaun Lyon	SEN	Greenock Glenpark A
15	61	0:28:16	00:13:55	Casey Morgan	SEN	Shettleston H C
16	7	0:28:20	00:14:10	Liam Conway	Vet	Bellahouston RR A
17	70	0:28:47	00:14:00	Johnston Orr	SEN	Westerlands CCC A
18	29	0:28:49	00:14:46	Stephen McLoone	Vet	Greenock Glenpark B
19	19	0:28:57	00:15:07	Gary Goldie	SEN	Garscube H A
20	66	0:29:08	00:15:09	Derek Watson	SEN	VP Glasgow AC C
21	8	0:29:31	00:15:17	Brian O'Donnell	SEN	Bellahouston RR B
22	14	0:29:38	00:13:59	Peter Bowman	U20	Clydeedale H A
23	47	0:29:48	00:14:29	Ross Connelly	U20	Kilmarnock H B
24	63	0:29:49	00:14:28	Damian McAuley	Vet	Springburn H A
25	36	0:29:55	00:15:03	Gary McKendrick	Vet	Inverclyde AC B
26	10	0:29:57	00:14:05	Alan Derrick	Vet	Calderglen H A
27	39	0:29:59	00:14:19	Colin Miller	Vet	Irvine AC A
28	1	0:30:08	00:15:54	Barry Duddy	Vet	Ayr Seaforth AC A
29	26	0:30:26	00:16:34	Derek Breen	Vet	Giffnock North AC B
30	20	0:30:29	00:15:16	John McLaughlan	Vet	Garscube H B
31	58	0:30:38	00:16:20	Robert Rossborough	SEN	Ron Hill Cambuslang E
32	30	0:30:56	00:15:45	Graham Mcgrattan	Vet	Greenock Glenpark C
33	3	0:31:14	00:15:23	Michael Freshour	Vet	Bellahouston Harriers A
34	68	0:31:45	00:15:06	Kenneth Mitchell	Vet	VP Glasgow AC E
35	17	0:32:00	00:16:14	Michael Browne	SEN	East Kilbride AC A
36	11	0:32:02	00:16:37	David Herbertson	Vet	Calderglen H B
37	21	0:32:17	00:15:30	David Dickson	Vet	Garscube H C
38	67	0:32:24	00:16:34	Tom Ord	Vet	VP Glasgow AC D
39	37	0:32:51	00:16:31	John Smillie	Vet	Inverclyde AC C
40	40	0:32:57	00:16:17	Mark Livingstone	SEN	Irvine AC B
41	48	0:32:58	00:16:03	Leslie McDerment	Vet	Kilmarnock H C
42	4	0:33:23	00:16:13	Craig Lamont	SEN	Bellahouston Harriers B
43	51	0:33:30	00:18:03	Christopher Craig	Vet	Kirkintilloch Oly A
44	43	0:33:32	00:17:27			Kilbarchan AC B
45	41	0:33:38	00:16:53	Andrew Rennie	Vet	Irvine AC C
46	71	0:34:00	00:17:26	Owen O'Neill	SEN	Westerlands CCC B
47	23	0:34:25	00:17:53	Stephen Wilson	Vet	Garscube H E
48	9	0:34:26	00:17:42	Peter Burton	SEN	Bellahouston RR C
49	12	0:34:28	00:18:02	David Wardrope	Vet	Calderglen H C
50	49	0:34:38	00:17:21	David Mitchell	Vet	Kilmarnock H D

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER 8TH OCTOBER 2011

51	27	0:35:11	00:18:11	David Phee	SEN	Giffnock North AC C
52	15	0:35:12	00:19:05	Peter Rudzinski	Vet	Clydedale H B
53	5	0:36:26	00:18:00	Thomas Keenan	Vet	Bellahouston Harriers C
54	22	0:39:00	00:20:19	Stephen Cullen	Vet	Garscube H D
55	31	0:39:39	00:22:51	Thomas Knight	Vet	Greenock Glenpark D

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER 8TH OCTOBER 2011

Race 4 JUN SEN MALES

Leg 3						
Pos	No	Leg 3 Time	Ind Time	Runner	Cat	Club
1	59	0:37:45	00:12:51	Michael Deason	SEN	Shettleston H A
2	42	0:38:12	00:13:36	Graham Evans	U20	Kilbarchan AC A
3	54	0:38:20	00:12:38	Stuart Gibson	SEN	Ron Hill Cambuslang A
4	60	0:38:56	00:13:19	Lee Wilson	U20	Shettleston H B
5	64	0:39:05	00:13:24	Alan Ramsay	SEN	VP Glasgow AC A
6	25	0:39:56	00:13:45	Max Lott	U20	Giffnock North AC A
7	35	0:39:59	00:13:48	Andrew Campbell	U20	Inverclyde AC A
8	56	0:40:33	00:14:06	Gordon Robertson	SEN	Ron Hill Cambuslang C
9	46	0:40:37	00:13:48	James Wales	SEN	Kilmarnock H A
10	57	0:41:05	00:13:19	Ian MacCorquodale	SEN	Ron Hill Cambuslang D
11	53	0:41:23	00:14:42	DanielStuart Graham	U20	Law & District A
12	55	0:42:07	00:14:26	Michael O'Hagan	Vet	Ron Hill Cambuslang B
13	28	0:42:15	00:14:11	Andrew McCall	SEN	Greenock Glenpark A
14	65	0:42:28	00:15:29	Duncan Thomson	Vet	VP Glasgow AC B
15	61	0:42:29	00:14:13	Marc McColl	SEN	Shettleston H C
16	7	0:42:53	00:14:33	Marcos Sanz Gomez	SEN	Bellahouston RR A
17	39	0:43:44	00:13:45	William Richardson	Vet	Irvine AC A
18	29	0:44:03	00:15:14	Alan O'Rourke	Vet	Greenock Glenpark B
19	66	0:44:23	00:15:15	Alex Potter	Vet	VP Glasgow AC C
20	8	0:44:39	00:15:08	Thomas O'Connell	SEN	Bellahouston RR B
21	70	0:44:46	00:15:59	John Quinn	Vet	Westerlands CCC A
22	63	0:44:58	00:15:09	Martin Coleman	SEN	Springburn H A
23	19	0:45:01	00:16:04	Daniel Burns	SEN	Garscube H A
24	1	0:45:27	00:15:19	Laurence Baker	Vet	Ayr Seaforth AC A
25	36	0:45:32	00:15:37	Graeme Hyett	SEN	Inverclyde AC B
26	20	0:45:58	00:15:29	Athole Smith	Vet	Garscube H B
27	10	0:46:00	00:16:03	Jim Holmes	Vet	Calderglen H A
28	14	0:46:05	00:16:27	Ryan Nelson	SEN	Clydedale H A
29	26	0:46:51	00:16:25	David McNab	Vet	Giffnock North AC B
30	47	0:47:08	00:17:20	William Duffy	Vet	Kilmarnock H B
31	3	0:47:21	00:16:07	Paul McNally	Vet	Bellahouston Harriers A
32	30	0:47:33	00:16:37	Steven Watson	SEN	Greenock Glenpark C
33	48	0:48:48	00:15:50	Alasdair Murray	Vet	Kilmarnock H C
34	11	0:48:49	00:16:47	George Stewart	Vet	Calderglen H B
35	58	0:49:03	00:18:25	David Fairweather	Vet	Ron Hill Cambuslang E
36	40	0:49:07	00:16:10	James Sneddon	Vet	Irvine AC B
37	67	0:49:31	00:17:07	Peter Ramsay	Vet	VP Glasgow AC D
38	68	0:49:42	00:17:57	Kenneth McVey	Vet	VP Glasgow AC E
39	37	0:49:53	00:17:02	Robert Gray	Vet	Inverclyde AC C
40	51	0:49:58	00:16:28	Howard Elliott	Vet	Kirkintilloch Oly A
41	71	0:50:24	00:16:24	Hamilton Semple	Vet	Westerlands CCC B
42	4	0:50:37	00:17:14	William McAllister Jr	SEN	Bellahouston Harriers B
43	21	0:51:31	00:19:14	Kieran McLaughlin	SEN	Garscube H C
44	9	0:53:03	00:18:37	Alex Lawther	SEN	Bellahouston RR C
45	12	0:53:23	00:18:55	Hugh Simpson	Vet	Calderglen H C
46	15	0:54:18	00:19:06	Robert Young	Vet	Clydedale H B
47	49	0:54:50	00:20:12	IAN LOGAN	Vet	Kilmarnock H D
48	31	0:58:00	00:18:21	Robin McAuslan	SEN	Greenock Glenpark D
49	22	0:62:22	00:23:22	Stuart Irvine	Vet	Garscube H D

WEST DISTRICT CROSS COUNTRY RELAYS
DRUMPELLIER 8TH OCTOBER 2011

Race 4 JUN SEN MALES

Leg 4						
Pos	No	Leg 4 Time	Ind Time	Runner	Cat	Club
1	59	0:50:01	00:12:16	Matthew Gillespie	SEN	Shettleston H A
2	54	0:51:07	00:12:47	Stewart Orr	U20	Ron Hill Cambuslang A
3	64	0:51:47	00:12:42	David Vernon	U20	VP Glasgow AC A
4	42	0:52:34	00:14:22	Craig Haxton	U20	Kilbarchan AC A
5	60	0:52:40	00:13:44	Andrew Dearie	U20	Shettleston H B
6	25	0:52:44	00:12:48	Luke Traynor	U20	Giffnock North AC A
7	56	0:53:49	00:13:16	Gordon Robertson	SEN	Ron Hill Cambuslang C
8	46	0:54:11	00:13:34	Cameron Wilson	SEN	Kilmarnock H A
9	35	0:55:01	00:15:02	Gerard Gaffney	Vet	Inverclyde AC A
10	65	0:55:40	00:13:12	Martin Hayes	SEN	VP Glasgow AC B
11	28	0:55:45	00:13:30	David Henderson	SEN	Greenock Glenpark A
12	55	0:55:49	00:13:42	Greg Hastie	Vet	Ron Hill Cambuslang B
13	57	0:56:13	00:15:08	David Munro	SEN	Ron Hill Cambuslang D
14	53	0:56:41	00:15:18	Ian McLuckie	SEN	Law & District A
15	7	0:57:17	00:14:24	Craig Ross	SEN	Bellahouston RR A
16	61	0:57:52	00:15:23	John Oates	Vet	Shettleston H C
17	39	0:58:06	00:14:22	Patrick Cullinane	SEN	Irvine AC A
18	19	0:58:09	00:13:08	Frank Krieves	Vet	Garscube H A
19	29	0:58:47	00:14:44	Frank McKnight	SEN	Greenock Glenpark B
20	70	0:59:09	00:14:23	Niall McAlinden	SEN	Westerlands CCC A
21	66	0:59:18	00:14:55	Crawford Little	Vet	VP Glasgow AC C
22	8	0:59:48	00:15:09	Gerard Scullion	Vet	Bellahouston RR B
23	36	0:60:12	00:14:40	Jude Boulton	SEN	Inverclyde AC B
24	20	0:60:53	00:14:55	Alexander Chisholm	Vet	Garscube H B
25	14	0:61:32	00:15:27	Paul Carroll	Vet	Clydedale H A
26	26	0:62:20	00:15:29	Christopher Russell	U20	Giffnock North AC B
27	10	0:62:37	00:16:37	Andrew Henderson	Vet	Calderglen H A
28	63	0:62:43	00:17:45	AnthonyJM McGale	Vet	Springburn H A
29	3	0:62:45	00:15:24	Brian French	SEN	Bellahouston Harriers A
30	30	0:62:55	00:15:22	Robert Wilson	SEN	Greenock Glenpark C
31	1	0:63:06	00:17:39	Tom McCulloch	Vet	Ayr Seaforth AC A
32	47	0:64:22	00:17:14	alan brydon	SEN	Kilmarnock H B
33	67	0:64:32	00:15:01	Gerard Craig	Vet	VP Glasgow AC D
34	40	0:65:14	00:16:07	John Surgenor	Vet	Irvine AC B
35	48	0:65:35	00:16:47	Richard Skillen	SEN	Kilmarnock H C
36	51	0:65:39	00:15:41	Robert Rogerson	Vet	Kirkintilloch Oly A
37	11	0:66:02	00:17:13	Graham Lindsay	Vet	Calderglen H B
38	37	0:67:24	00:17:31	Kenneth Morrison	SEN	Inverclyde AC C
39	4	0:69:09	00:18:32	William McAllister	Vet	Bellahouston Harriers B
40	9	0:70:05	00:17:02	Gordon Clements	Vet	Bellahouston RR C
41	71	0:71:09	00:20:45	Graeme Orr	Vet	Westerlands CCC B
42	21	0:71:45	00:20:14	Mark Turnbull	Vet	Garscube H C
43	49	0:72:23	00:17:33	Kenny Wales	Vet	Kilmarnock H D
44	12	0:73:28	00:20:05	Russell Couper	Vet	Calderglen H C
45	15	0:74:34	00:20:16	Brian Gallagher	Vet	Clydedale H B
46	31	0:75:18	00:17:18	Ross Neilson	SEN	Greenock Glenpark D
47	22	0:84:24	00:22:02	James Taylor	Vet	Garscube H D